Two artifacts in the ¹³¹I whole body post treatment scan in a thyroid cancer patient

To the Editor: Although whole body scans with iodine-131 (131) in patients with thyroid carcinoma are a routine examination, we consider of practical interest to bring to the attention of your readers, artifacts that may mimic metastases on the occasion of an usual case as follows: A 29 year old female underwent radioiodine treatment for papillary carcinoma of the thyroid gland with 4.44 GBq of ¹³¹I. Post treatment ¹³¹I whole body scan was performed 5 days after treatment. This scan showed two focal areas of abnormal tracer uptake in the head (Fig. 1A and 1B anterior views). After eliciting the history of the patient, these "hot" areas were attributed to ¹³¹I accumulation in caries left sided molar tooth and around the nose pin that the patient who belonged to the Hindu religion wore in the nostrils. The patient vomited one hour after the administration of ¹³¹I. A second scan after removing the nose pin and cleaning the nostrils area, showed no activity in the nostrils. There was no change in caries tooth activity (Fig. 1C).

Whole body ¹³¹I post treatment scan is usually performed to see uptake of the tracer by normal thyroid tissue and possible metastatic sites that may be missed with the low dose whole body scan, performed before treatment. One should be careful while interpreting ¹³¹I post treatment scans, as there can be false positive results due to artifacts that may lead to improper treatment.

Artifacts in the whole body ¹³¹I scan as above, have been reported at various sites due to different reasons. Nineteen such artifacts mimicking bone metastases have been described and were shown to be due to external contamination as they disappeared on re-imaging after cleaning and garment change [1]. ¹³¹I may accumulate at sites of lung inflammation or infection and can mimic pulmonary metastases [2]. In another case, iodine-123 was shown to be concentrated in the chest wall after needle biopsy of a lung nodule [3]. Breast uptake of ¹³¹I in the chest area, may appear even in non-lactating females [4]. Artifactual ¹³¹I activity in the cranial hair after thyroid remnant ablation has been reported due to sweating [5, 6]. Other important causes of false positive ¹³¹I artifacts have been also been reported in esophageal and intestinal diverticuli and in other sites of the body [7-10]. The present case highlights unusual artifacts that may be revealed in the ¹³¹I whole body scans and may indicate the proper management of these patients.

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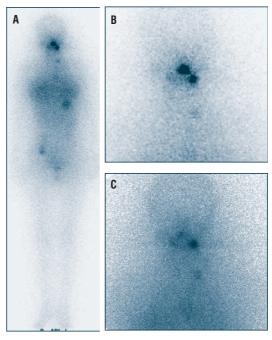


Figure 1. A. 131 whole body post treatment scan showing two focal areas of abnormal tracer uptake with no other abnormal tracer uptake in the whole body. B. Anterior static image of the 131 post treatment scan shows two focal areas of abnormal tracer uptake. C. Anterior static image of the ¹³¹I post treatment scan after removal of the nose pin, showing no activity in the nostrils. However, there is still a single "hot" area projected in the left side of the mouth.

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Ashwani Sood¹ MD, Rajeev K Seam¹ MD, Vikas Sood¹ MD, Rakesh Kumar² MD

- 1. Nuclear Medicine Center, Department of Radiation Therapy, Indira Gandhi Medical College, Shimla 171001, Himachal Pardesh, India.
- Department of Nuclear Medicine, All India Institute of Medical Sciences, New Delhi – 110029, India.

Rakesh Kumar MD, Associate Professor,

Department of Nuclear Medicine, All India Institute of Medical Sciences, New Delhi–110029, India, Tel: 91-11-26594472, Fax: 91-11-26588663 E-mail: rkphulia@hotmail.com

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